



The Rockcliffe News

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August 2019

Rockcliffe Park Residents Association

www.rockcliffepark.ca

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Board meetings are held monthly and are open to all. See calendar for dates and times. Comments and suggestions are always welcome. Correspondence to Board members and any enquiries for administration purposes may be addressed by email to secretary@rockcliffepark.ca.

DATES TO REMEMBER

AUGUST

- ThursdaysBeechwood Farmers' Market mini market at
3:00 to 6:00 pm Chartwell New Edinburgh Square, 240 Mackay Street;
through October 10
- Friday mornings.....Hot Topics, Hot Coffee at Chartwell New Edinburgh
Square's main floor bistro coffee shop, 35 Beechwood
Avenue; ongoing throughout the year*
- SaturdaysBeechwood Farmers' Market, 43 Ste. Cecile Street;
9:00 am to 2:00 pm through October 26 – see beechwoodmarket.ca
- 24** Saturday, 5 to 10 pm....Lumière Festival, Stanley Park – see lumiereottawa.ca

SEPTEMBER

- 11** Wednesday, 8:00 pm.....Speakers Program: Hon. Perrin Beatty, PC, OC,
Head of the Canadian Chamber of Commerce, on "Job One
for the New Government: Finding Canada's Place in an
Unfamiliar World," Community Hall*
- 18** Wednesday 7:15 pm.....RPRA Board Meeting, Community Hall

OCTOBER

- 9** Wednesday, 8:00 pm.....Speakers Program: Barry Padolsky Architect, Heritage
and Urban Design Professional, on "The Chateau Laurier:
The Sorry Saga So Far," Community Hall*
- 16** Wednesday 7:15 pm.....RPRA Board Meeting, Community Hall
- 30** Wednesday, 8:00 pm.....Speakers Program: Dr. Thierry Mesana, MD, PhD, Head of
the Ottawa Heart Institute, on "The Heart Institute in the
Twenty-First Century," Community Hall*

SUMMER 2019

*Summer Break! Looking for fun activities during the summer months?
Check out these free – or almost free – events:*

Heritage Ottawa Walking Tours

Stroll through some of Ottawa's most interesting neighbourhoods with knowledgeable and enthusiastic volunteer Tour Guides. Tours begin at 2:00 pm, rain or shine, last approximately 1.5 hours, and take place on Sundays unless otherwise noted. Walking Tours are \$5.00 for members and \$10.00 for non-members, payable by cash at the start of the tour. For details, go to <https://heritageottawa.org/heritage-ottawa-walking-tours>.

Northern Lights: Sound and Light Show on Parliament Hill

July 9 to September 8, various start times, Parliament Hill

Combining bold digital technology with the architectural splendour of the Parliament Buildings, this bilingual show illuminates Canadian stories of nation-building, partnership, discovery, valour, pride and vision at the heart of our country. For more information, go to www.canada.ca/en/canadian-heritage/campaigns/sound-light-show.html.

...and find lots more ideas on how to enjoy summer at www.ottawatourism.ca/events.

*Additional information on these events may be found in this newsletter.

PRESIDENT'S LETTER



Welcome to the August 2019 newsletter. I hope this finds you all well-rested and vacationed and looking forward to the remaining weeks of an all-too-short summer season.

A main attraction in Rockcliffe Park in the summer months is the Pond. The Pond remains as popular as ever and, thankfully, due to a late, rainy spring and the continued pumping regime, the decline in the water levels has been somewhat slower this year. However, as the water recedes, this does attract many folk, some who like to make a 'bit of a day of it,' complete with all the accoutrements of a seaside holiday.

The RPRA continues to work closely with the City to encourage appropriate use of the Pond as a conservation area that allows for limited swimming. Ropes have been installed to remind bathers not to wander along the emergent shoreline, and monitors are on duty to helpfully remind swimmers of the guidelines for use of the area. The RPRA and the City recently installed new signage intended to convey a positive message about appropriate use of the conservation area rather than to lay out a list of 'do nots.' We determined that positive messaging would result in greater acceptance – particularly from folks who are not from one of the contiguous neighbourhoods and who may not understand the significance of the area. If, while you are using the Pond, you observe infractions, please do take the initiative to gently remind or inform folks of the particular nature of the conservation area and the reasons for the guidelines. We would not like to see this resource permanently closed to the public.

Earlier in July, approximately 40 film buffs came out to Jubilee Garden, braved the mosquitoes and enjoyed a showing of the classic Bogart film, *The Maltese Falcon*. This film was supposed to be shown last August but was mixed up with *The Big Sleep*. It was a great evening and the turnout again showed us that there is an appetite for these classic movies in the summer. Many thanks to **Chris Barker of Rhodes Barker Luxury Real Estate** for organizing and sponsoring the event, including providing the popcorn, and to **Rideau-Rockcliffe Community Resource Centre**, which provided the magic technical kit that made the show possible. Thanks also to **Jim and Nancy Carr** for their help in set-up and take-down, as well as popcorn-making! We hope to have another outdoor movie night early in September – perhaps a more modern classic. Keep a lookout for an announcement by email soon.

In the December 2018 newsletter, we talked about an upcoming archaeological dig in Rockcliffe Park by the Ottawa River. In mid-July, enthusiastic amateur archaeologists gathered to participate in "We Dig Rockcliffe Park," a programme of archaeological exploration led by **Ian Badgley** of the NCC. It turns out that the area adjacent to the Ottawa River in Rockcliffe is rich in history. The first dig took place on July 16, 17 and 18 and explored the site of an early 1900s Tea House. As of this writing, the project is still under way and we will update you via email and the website. There is a possibility of another dig in August, perhaps at a much more ancient site along the shoreline, if they can clear the poison ivy from the area first! If you are interested in participating, please contact secretary@rockcliffepark.ca or WeDigRockcliffePark@gmail.com.

Having just gone through a complex municipal by-election, we will again be faced with an election in the fall. The federal election is scheduled for the latter part of October, which means that we will be holding an all-candidates forum again, most likely in the first or second week of October. Dates will be announced in the October newsletter and sent out in an email bulletin. For those of you who are eligible, you may also be able to participate in the selection of the next provincial Liberal candidate for our riding to replace **Nathalie Des Rosiers**, who is taking a position at Massey College. As of this writing, there is no information available as to when this vote will take place.

Susan d'Aquino has lined up an interesting group of speakers for us this fall, beginning on September 11 with the Honorable **Perrin Beatty**, President and CEO of the Canadian Chamber of Commerce, and followed in October by Ottawa architect **Barry Padolsky**, and then by **Dr. Thierry Mesana**, President and CEO of the University of Ottawa Heart Institute, on October 9 and 30, respectively. Details may be found in this newsletter and on our website at www.rockcliffepark.ca.

Finally, as we look forward to the fall months, please give a thought to volunteering to help with some of our activities or even joining our residents association board! We are looking for folks who have a bit of time and who would like to become involved in the community. Give it a thought.

Best wishes for the rest of your summer.

Peter Lewis, 18 July 2019

SPEAKERS PROGRAM

Rockcliffe Park Community Hall | 380 Springfield Road

Join your neighbours for informal evenings with distinguished speakers. Presentations will be followed by questions, coffee and cookies. Admission is free. The Speakers Program is an initiative of the Rockcliffe Park Residents Association and is supported by the Rockcliffe Park Foundation. Details and additional information may be found at www.rockcliffepark.ca.



Hon. Perrin Beatty, PC, OC Head of the Canadian Chamber of Commerce

“Job One for the New Government: Finding Canada’s Place in an Unfamiliar World”

Observing that the post-World War II world we have comfortably inhabited for generations no longer exists, Mr. Beatty, President and CEO of the Chamber of Commerce and former Cabinet Minister, will comment on “job one” for whoever forms the government after October 21 – to define a new strategy for Canada’s diplomatic, security and commercial relationships.

Wednesday, September 11 at 8:00 pm



Barry Padolsky Architect, Heritage and Urban Design Professional

“The Chateau Laurier: The Sorry Saga So Far”

Well-known Ottawa architect and heritage advocate Barry Padolsky will tell us about the many angles and players that make up the intensely divisive saga of the Larco addition to the iconic Chateau Laurier Hotel. What went wrong and why? What lies ahead? Can the system be changed to better protect Canada’s and Ottawa’s heritage?

Wednesday, October 9 at 8:00 pm



Dr. Thierry Mesana, MD, PhD Head of the Ottawa Heart Institute

“The Heart Institute in the Twenty-First Century”

Dr. Mesana, President and CEO of the University of Ottawa Heart Institute and Emeritus Professor at the University of Ottawa, will describe the unique model of the Heart Institute, the evolving landscape of cardiac diseases, and also address the pressures and challenges on cardiac care and research, and healthcare in general.

Wednesday, October 30 at 8:00 pm

The Hart Massey House in Rockcliffe Park was recently formally recognized as holding a special place in the history of Canadian architectural achievement. Attendees on June 9, at the unveiling of an Historic Sites and Monuments Board (‘HSMB’) Plaque (from left): Thomas d’Aquino (current owner of the residence, along with his wife, Susan d’Aquino); Dr. Richard Alway, Chair of the Historic Sites and Monuments Board of Canada; Susan Peterson d’Aquino; and prominent Canadian artist John Massey, who, at the age of eight, lived in the newly-built house designed by his father, architect Hart Massey II. John is also the grandson of the first Canadian-born Governor General, Vincent Massey. See the full story on page 4 of this newsletter.



HERITAGE MATTERS

Applications Under Review

The Rockcliffe Park Heritage Committee will be reviewing with City staff applications for alterations or demolitions of property as part of pre-consultation pilot studies in 2019. As Sandy Hill and New Edinburgh are also participating in similar pilot studies, the three Heritage Conservation District Heritage Committee Chairs are currently considering together joint approaches for all three districts, such as sharing information, suggesting similar feedback mechanisms, and finding the best ways to bring added value to proponents.

We continue to communicate to all stakeholders that we are bound to apply the provisions of the Rockcliffe Park Heritage Conservation District (HDC) Plan ('the Plan'). We therefore quote it and remind the City and proponents to read the Plan carefully.

Applications that may proceed:

321 Cloverdale: This entails the demolition of the existing house. This property has outstanding large cedar and spruce trees on the west and north sides of the existing house that the applicant has expressed a commitment to conserving.

450/480 Cloverdale: There are no existing houses: Section 7.4.2 of the Rockcliffe Park HCD Plan provides that the "height and mass of the new building are consistent with the Grade 1 buildings in the associated streetscape." The Plan defines the 'associated streetscape' as to mean "both sides of the street in the same block as the subject property." In the case of 454/480 Cloverdale, the associated block is between Lakehurst and Hillsdale. The only Grade 1 building in this block is located at 484 Cloverdale. Therefore, the height and mass of the new building are to be consistent with 484 Cloverdale.

Projects under construction:

575 Old Prospect: The Rockcliffe Park Heritage Committee has received questions about this development that it has shared with the RPRA and have been communicated to the City. We hope to provide answers in the next newsletter.

551 Fairview: Work is under way. Questions about damage to areas of the landscape that were to be protected have been brought to our attention. We have passed these on to the City.

Although other applications have been initiated, they are dormant at this time.

*Linda Dicaire, Chair
Rockcliffe Park Heritage Committee*

On the Occasion of the Unveiling of an HSMB Plaque Commemorating the National Historic Importance of Hart Massey House

Ottawa, Ontario June 9, 2019

*Taken from the notes of an address by **Dr. Richard Alway**, Chair, Historic Sites and Monuments Board of Canada (HSMB), on behalf of The Honourable **Catherine McKenna**, Minister of Environment and Climate Change and Minister responsible for Parks Canada.*

On June 9, 2019, the Hart Massey House at 400 Lansdowne Road North in Rockcliffe Park, home to **Thomas and Susan (Peterson) d'Aquino**, was welcomed into Canada's family of places, persons and events of national historical significance. An Historic Sites and Monuments Board ('HSMB') plaque was unveiled and stands prominently by the road. The Hart Massey House is now formally recognized as holding a special place in the history of Canadian architectural achievement. **Dr. Richard Alway**, who participated in the unveiling, underlined that this commemoration is very important to us as Canadians. He spoke to how our own history and how we remember our past is important "because it helps define the way we think of ourselves as a society." He said that "history is to the nation as memory is to the individual. It gives meaning and context and identity."

Over 100 years, 2,000 HSMB plaques have been installed to commemorate those parts of Canadian history of national importance. The Hart Massey House joins those very special ranks as an outstanding example of mid-century modern residential architecture. Dr. Alway emphasized that the Hart Massey House is not just of special note here in Ottawa, but that it is nationally significant: this house helped change the way people thought about residential architecture in Canada. It was immediately recognized as something remarkable and perhaps, on its completion, even unique in the way it relates to and is integrated with its natural setting. Considered an exceptional marriage of creativity and design in a modest-sized family residence, it continues to stand the test of time.

Dr. Alway closed by congratulating Susan and Tom for their personal dedication to maintaining the historic character and condition of what is now recognized as part of Canada's national patrimony of built heritage!



BOOK SALE



2019 Rockcliffe Park Spring Book Sale Figures Are In

Volunteers with the Rockcliffe Park Spring Book Sale wrapped up another successful year at their Annual Meeting on June 18. This year saw a 14 percent increase in revenue, a 15 percent increase in the number of books/AV materials sold, and a 20 percent increase in attendance over 2018. These increases resulted in a grant to the Ottawa Public Library (OPL) from the 2019 Sale that was our largest ever!

OPL Supervising Librarian **Philip Robert** explained at the meeting how the money was spent last year and where this year's revenue will be directed. Over 70 percent of the funds remain with the Rockcliffe Branch and is used to enhance the collections, especially Express Books, DVDs, Magazines and Newspapers, but also including Children's, Adults' and Large Print. The funding also allows for a variety of programs which would otherwise not be available. Last year, Professional Development Day programs included topics from parrots and reptiles to dance and art. "The Library wants to ensure that programming reflects the community we serve so that everyone feels included," said Philip. Increasing the number of author visits hosted by the OPL will reflect the diversity of our community and schools. Our funds have also supported system-wide awareness of Indigenous culture and history with a focus on the residential school experience. The "One School, One Book" initiative continues, where children from two different City schools read the same novel, *Lost in the Backyard*, and enjoy programming related to the themes in the book. We also fund a bi-annual Open House for families, held at the Rockcliffe Branch, which will take place this year on Saturday, October 5.



The meeting concluded with a surprise tribute to longtime Chair of the Book Sale, **Jane Dobell**, who celebrated a special birthday at the end of June. Jane retired as Chair in 2017 but remains very

actively involved with the Sale she nurtured and directed for many years. Thanks to **Joan Kellett** for baking the cake and making the arrangements. *Carolyn Brereton*

Above: Book Sale volunteers celebrate a special birthday with Jane Dobell. Left to right: Back row: Carolyn Brereton, Iola Price, Richard Simison and Kevin Phillips; Front row: Dilshad Macklem, Linda McDonald, Jane Newcombe, Jane Dobell, Joan Kellett and Claire Schofield. Photo: Bea Hampson

HEALTH

"R" You Aware of Concussion Symptoms and Treatment?



Concussion, or minimal traumatic brain injury (mTBI), is usually caused by a direct blow or a transmitted force to the head, typically involving a rapid onset and short-lived neurological impairment with spontaneous resolution. In some cases, though, it can lead to irreversible structural and functional change. Symptoms can be minimal, such as unsteady balance, amnesia, blurry vision, headache, feeling like in a fog, memory changes, irritability, sensitivity to light/sound, slow reaction time, sleepiness, fatigue, or nausea – or more worrisome, such as loss of consciousness, severe headache, double vision, vomiting, or weakness in arms or legs. This article discusses concussions sustained during sports activities; it is not medical advice and is for information purposes only. Always consult with a medical professional for evaluation and treatment options.

Follow the Ten "R"s

- 1. Recognize:** Anyone complaining of direct or indirect head injury and displaying any of the symptoms mentioned above.
- 2. Remove:** If mTBI is suspected, the patient should be removed from the game. If uncertain about return to play, err on the side of caution.
- 3. Re-evaluate:** The patient should receive a complete history, physical and neurological exam in a medical setting or ER.
- 4. Rest:** The patient should rest for 24 to 48 hours after the injury.
- 5. Return to sport:** When there are no further or worsening symptoms, begin a graduated return to play strategy. This can take a week or two to many months.
- 6. Refer:** Patients with persistent symptoms (> 14 days for adults / > 30 days for kids) should be referred to a specialist.
- 7. Rehabilitation:** The best plans include stress management, pharmacological treatment for symptoms, and work/school accommodations. Active rehabilitation programs may help speed recovery.
- 8. Reconsider:** Children and adolescents require a graduated return to sport/school strategy over four weeks, involving daily activities and then school activities at home, moving to part- and then full-time school attendance.
- 9. Residual effects:** There may be chronic issues like cognitive impairment, depression and behavioural changes.
- 10. Risk reduction:** Prevention and case-finding prior to injury is key to managing these conditions. Remember, even a mild concussion should never be dismissed as a minor injury!

Dr. Aly Abdullah

(Dr. Abdullah, a former Rockcliffe resident, is a family doctor with specialties in sports medicine and cosmetic medicine.)

ROCKCLIFFE SPOTLIGHT

Former Village Resident June (Broomhead) Lindsey *Meet the 97-year-old woman scientist who contributed to the discovery of DNA's double helix*



June Broomhead is easy to spot in a 1948 black-and-white photo of scientists working at the Cavendish Laboratory at Cambridge University. In a group of more than 100 men in suits and ties, she is one of just a few women.

A handful of the men pictured have won Nobel Prizes. Two of them, **James Watson** and **Francis Crick**, became household names after their discovery of the double-helix structure of DNA.

Broomhead's contributions to modern science, on the other hand, have largely been forgotten.

June Broomhead (*bottom left in the photo below*) was one of four female scientists at the prestigious Cavendish Laboratory at Cambridge University in 1948. Soon after, she married Canadian **George Lindsey** and quit her research to raise two children.



Photo submitted by June Lindsey

But Ottawa physician and molecular geneticist **Dr. Alex MacKenzie**, a pediatric endocrinologist and professor of medicine at the University of Ottawa, says Lindsey's work on adenine and guanine allowed Watson and Crick to solve the puzzle of how DNA's double helix fit together.

A Discovery 'Seismic in its Scale'

In 1948, Lindsey was using X-ray crystallography to figure out the structures of adenine and guanine, two of the four nucleobases that contribute to the structure of DNA. In 1951, she published an article explaining her findings.

It was through reading her PhD thesis that Watson and Crick first realized how DNA is structured. They saw how she discovered that there was a regular pattern of hydrogen

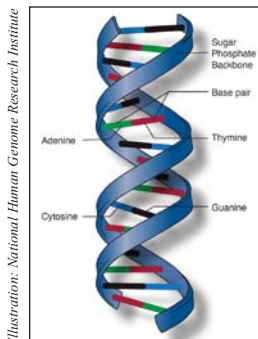


Illustration: National Human Genome Research Institute

bonds between complementary nucleobases. The scientists immediately realized that this could be the key to solving a problem. "Within 48 hours, they had the model for the DNA double helix," said MacKenzie. "Watson had realized that the hydrogen bonds could serve as a 'zipper' for the two nucleic acid strands making up the double helix."

Broomhead, who took her husband's name, is now 97 and living in an Ottawa seniors' home. A couple years ago, MacKenzie met her by chance at his mother-in-law's 90th birthday party. She mentioned her work in crystallography in the 1940s. "Cambridge is the mecca for crystallography – this rather arcane business of shining X-ray beams through crystals of structure and looking at the shadows that they cast and inferring the actual physical structure of how these things are put together," explained MacKenzie.

"My curiosity was mildly piqued," he said. When he got home from the party, MacKenzie "started Googling, and I found that her work had been central to Watson and Crick's epiphany." He was astonished to discover Lindsey's role, and he wants her work to be recognized while she is still alive.

"The older you get, the more you realize you're of little consequence," Lindsey replied. "We come and we go."

MacKenzie doesn't want Lindsey to go before her crucial early contribution to the discovery of the double helix is publicly recognized. "This is something we should shout from the mountaintops," he said.

And of June Lindsey, MacKenzie added, "It's like discovering the fifth Beatle is living next to you."

Submitted by Dr. Alex MacKenzie, with information taken from a documentary by David Gutnick on CBC Radio's "The Sunday Edition." To hear the program, "Who Do We Think We Are?," go to <https://www.cbc.ca/radio/thesundayedition/the-sunday-edition-for-june-2-2019-1.5157169/meet-the-96-year-old-ottawa-woman-who-contributed-to-the-discovery-of-dna-s-double-helix-1.5157205>.

ROCKCLIFFE SPOTLIGHT

Rockcliffe Resident Anthony Keith Reveals Heroic Family History

“The Voyage of the Yacht, Dal” by Andrzej Bohomolec

Translated and published by Irene Tomaszewski; reviewed by Terry Milewski



The age of the gentleman adventurer has passed. The world is mapped, its hidden tribes are found, and today it's the gentlemen who seem to be hiding.

But their stories live on. Newly discovered is the fascinating tale of **Andrzej (André) Bohomolec**, born to an aristocratic Polish family in 1900. Tall, polished and multilin-

gual, he joined the French Foreign Legion to fight the Russians, sailed the world, barely survived a hurricane, was severely wounded fighting the Nazis in North Africa, fought them again in Italy, and retired, if that's the word, as an artist and rancher in Alberta.

Was he, like Lord Byron, “mad, bad and dangerous to know?” To a degree, yes. Never before translated from the Polish, *The Voyage of the Yacht, Dal* reveals an author who was hardly bad but clearly a bit mad and dangerous. Bohomolec knew that his cheap, eight-metre yacht was not up to an epic journey from the Baltic Sea to Chicago – but he did it anyway and so endangered his two companions, one of whom actually did lose his mind.

That's no surprise. Addicted to adventure, Bohomolec set off in the rickety yacht *Dal* from the Polish port of Gdynia in 1933. The utter inadequacy of the craft was already obvious as the three wet, foolhardy Poles lurched across the North Sea and the English Channel. But no gentleman would risk the disgrace of turning back, so it was Chicago or bust. They were already in bad shape when the hurricane arrived in mid-Atlantic. How bad was it? This bad:

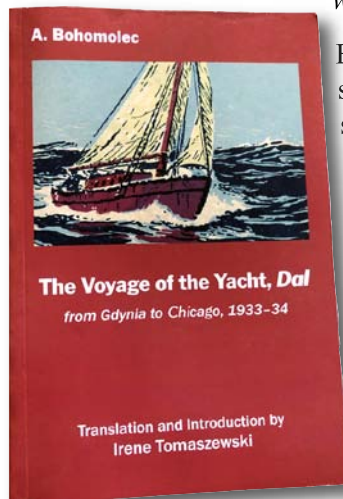
The water in the cabin reaches our bunks ... The foamy peaks on top of the waves extend three metres. The mast is gone, only a short, bare stump is left – the rest is in the sea, attached to the yacht by the rigging. With every toss the mast hits the hull like a battering ram and may well smash it at any moment. We feel as though we are on some heaving, tossing sea monster rather than on a boat.

But do they whine about it? Certainly not.

I have to note something commendable about us at this time: not one of us ever uttered a word of blame or complaint. Each of us in our own space prepared himself for our longest, final journey.

So at least they'll go down fighting.

We really don't look human any more. We haven't had anything in our mouths since the morning of the 18th, so four days without food, water or sleep. We have a great deal of work ahead of us. ...



But they'd managed to keep one watch ticking so, with a sextant, figured out that Bermuda should be over there somewhere. They limped into port with an improvised scrap of sail and began repairs – but Bohomolec was grounded by a heart attack. No problem! A good rest and it was onward to New York and through the canals to the Great Lakes, where Bohomolec was hailed as a superman by every Polish community on the way. He even came up with pressed white trousers for each yacht club and for his arrival at the Chicago World's Fair.

His account was published in 1936, but outside Poland, where the *Dal* is a museum piece, it remained unknown. After the Nazi invasion of Poland in 1939, Bohomolec fought the Germans in North Africa alongside the British and with other Polish exiles, including my own father. Like so many of those exiles, he ruled out returning to Poland to live under the Soviet jackboot. So he settled in Canada where, long after his death, his stepson, wildlife biologist and longtime Rockcliffe Park resident **Anthony Keith**, unearthed the story of the *Dal* and found a translator.

It was a good idea. They're not making yarns like this anymore.

The Voyage of the Yacht, Dal is available for \$25 at Books on Beechwood and at Octopus Books in the Glebe. For an interesting follow-up on the fate of the yacht *Dal*, check out the website of the National Maritime Museum in Gdansk, <https://en.nmm.pl/news/new-life-of-the-yacht-dal>.

Reviewer Terry Milewski, another Rockcliffe resident, is a former CBC News Senior Correspondent.

CITY HALL



*From the desk of Mayor Jim Watson
City of Ottawa*

No-Charge Ride Days Double for Seniors

OC Transpo Now Offers No-Cost Rides to Seniors on Wednesdays and Sundays

After witnessing the success of no-charge OC Transpo services for seniors on Wednesdays, I pledged during my 2018 Mayoral re-election campaign to extend this service for seniors to an additional day of the week. Offering seniors a second day each week on which they can get around the City on public transit at no cost is not only an opportunity for seniors to save money, but it encourages them to leave their home and take part in social outings, helping to fight widespread loneliness and isolation affecting many seniors.

Currently, seniors 65-plus can ride OC Transpo buses and trains at no charge every Wednesday. As of July 7, seniors are able to take transit for no charge on Sundays as well.

Providing no-charge transit for two days a week gives Ottawa seniors more mobility options. This is important, as transit plays a key role in the lives of Ottawa's seniors – connecting them with medical appointments, shopping, family members and friends. This plays a big role in helping to fight the social isolation that many seniors feel in our community. Public transit is also an affordable choice for those seniors on a fixed income. And our data shows that this program works. In 2018, 180,000 seniors rode OC Transpo on no-charge Wednesdays. We estimate that 35,000 seniors per year will ride OC Transpo on no-charge Sundays.

I encourage all seniors to take advantage of the no-charge OC Transpo service on Wednesdays and Sundays, and to get around our beautiful City by public transit and active transportation.



Mayor Jim Watson launches the no-charge OC Transpo service for seniors alongside seniors from the community on July 3, 2019.

Photo: City of Ottawa

As always, seniors can also purchase their Presto card, set their senior discount, and load a deeply discounted monthly OC Transpo pass or pay-per-ride fare at various City of Ottawa and OC Transpo service centres and selected vendors across the City, including Loblaws and Shoppers Drug Mart. Find a complete list of locations at www.octranspo.com.



*From desk of Rawlson King
Councillor, Rideau-Rockcliffe Ward*

An Update from Your Councillor

Hope your summer is going well and that you are taking some time to enjoy the beautiful weather.

Website and Newsletter

My office has established a website, <http://www.rideau-rockcliffe.ca>, to provide info about upcoming news and events in our Ward. Sign up for updates on the website, which will ensure that you will receive our monthly newsletter. And for service requests, you can access Service Ottawa, the City's primary customer service tool, also known as 3-1-1, through our website, <https://www.rideau-rockcliffe.ca/311>.

Official Plan Consultation

Along with fellow Councillors **Jeff Leiper**, **Shawn Menard**, **Catherine McKenney** and **Mathieu Fleury**, I was heartened to see the great turnout at our first Official Plan Consultations at City Hall last month.

The Official Plan lays the foundation for all of the City's work going forward so it is critical to have in-depth input from residents. We will continue to consult with Ward 13 residents throughout the rest of the year.

Château Laurier

I voted in favour of Councillor **Mathieu Fleury**'s motion at Council on July 10 to rescind the conditional heritage permit for the Château Laurier. During the debate, I noted that while the Château Laurier owners have a fantastic opportunity to expand their property and service offerings, their proposed design must be acknowledged to be incompatible with the existing building.

Given the sensitivity of this preeminent space in our Nation's Capital, it's important that any proposed design is appropriate to the location. The design as it is currently proposed is incompatible with the historic sight lines of the Parliamentary precinct as outlined by Parks Canada's guidelines. Further, the design did not meet the three conditions that were to be met prior to site plan approval, in my opinion.

Most constituents have noted that the latest iteration of the design does not approach universally-accepted standards for an addition to a heritage property. I said during the debate

(Continued on page 9)

Rawlson King (Continued)

that the proposed extension on the northern side of the Château Laurier was not only incompatible with the existing structure but with the heritage context of the site, which is in proximity to Parliament Hill, the Byward Market, Major's Hill Park and the Rideau Canal, a UNESCO World Heritage site.

Due to non-compliance in design, I argued that City Council must act as careful and informed custodians of heritage. Countless heritage professionals had informed my office that the conditions of the heritage permit have not been met. They told me that the property owner has not respected the high value that our community places on the building.

As such, for a landmark so iconic and beloved, I believe Council should never have delegated authority and that Council should have acknowledged this error and corrected it, since the proposed addition is not appropriate, given the property's importance to the City and its national significance.

Gun Violence

I brought forward a motion to address gun-related violence to City Council on June 26. The motion asked for the root causes of gun violence be addressed through greater social investments, better youth programming, and strategies to tackle illegal gun ownership.

The motion also asked the Mayor to write to the federal government asking for the sale and possession of handguns to be banned within the City of Ottawa. The motion has been referred to Police Services Board, where public and expert input will be solicited.

If you have comments, questions or concerns about these or any other issues, contact our office by email at rideaurock.cliffward@ottawa.ca or by phone at 613 580-2483.

HOUSE OF COMMONS



*From the desk of Mona Fortier
Member of Parliament for Ottawa-Vanier*

Arts and Culture Thrive in Ottawa

As we take time to be outside this summer with family and friends, I am incredibly fortunate to join many of you at community gatherings. Many of these events would not be possible without the support of a thriving arts and culture scene in the National Capital Region.

Our government understands the value of arts, culture and heritage initiatives for our communities. Cultural institutions tell the stories of who we are as Canadians. The cultural sector also employed over 630,000 Canadians and contributed \$54.6 billion to Canada's economy in 2014. Canadian Heritage and Multiculturalism funding supports initiatives that bring communities together around arts and culture.

Since 2015, over \$98 million has gone toward helping our artistic and cultural communities thrive in Ottawa-Vanier. From supporting music festivals to art galleries to publishing initiatives, this funding has helped bring our riding together in many ways. I encourage you all to enjoy the artistic and cultural initiatives in Ottawa-Vanier this summer.

As always, my constituency office is there to help you with any interactions with federal services. It is open Monday to Thursday from 9:30 am to 4:30 pm, and Friday from 9:30 am to 4:00 pm. Give us a call at 613 998-1860, or send an email to mona.fortier@parl.gc.ca.

Community Appeal

Community volunteers **Anna Rumin**, **Andrea Laurin** and **Katie Faught** will be organizing a Vintage Clothing Sale on Saturday, November 16 from 9:00 am to 4:00 pm at All Saints Church Hall, 10 Blackburn Avenue (in Sandy Hill). All proceeds from this event will go directly to Cornerstone Shelter for Women.

If you have any gently used, quality clothing or accessories (hats, bags, purses, scarves, belts), as well as costume jewellery, you may arrange to drop them off at Anna's home by contacting her either by telephone at 613 323-3751 or by email at anna.rumin@gmail.com.

Many thanks in advance for considering support for this important organization. Cornerstone assists approximately 500 Ottawa women annually, and offers safe and secure accommodation and counselling.

We look forward to hearing from you! *Liz Heatherington, Volunteer; 613 745-4677*



SCHOOL REPORT



ELMWOOD SCHOOL

Graduate Success on Display at Elmwood's Annual Closing Ceremonies

From June 12 to 14, Elmwood celebrated the end of another incredible year with our annual Closing Ceremonies. This was a time to reflect on the school year, connect with friends and family, and celebrate the successes of all our students – and there was quite a lot to celebrate! This year, 100 percent of our graduates were named Ontario Scholars for graduating with an average of at least 80 percent. Also, 100 percent of grads received university entrance scholarships, with offers for the Class of 2019 totalling \$1.83 million. Many of these students are choosing to study in Canada, including a record number going to Queen's University, McGill University and the University of Toronto. Others are planning to attend university abroad, at schools such as Art Center College of Design in California, Fordham University in New York, and the Bader International Study Centre in East Sussex, UK. The programs they have chosen to study are as diverse and unique as the girls themselves – from Classical Music to Architecture to Environmental Engineering. We look forward to following their journeys as they make their way out into the world and begin this exciting next chapter in their lives.

The Odds are in Everyone's Favour at Elmwood's Annual Hunger Games Camp

This July, girls in Grades 6 to 9 had the opportunity to channel their inner Katniss while developing their leadership skills at Elmwood's annual Hunger Games Leadership Camp. This week-long adventure saw our campers ziplining through Camp Fortune, rafting along the Ottawa River, learning the basics of archery, and even completing a trip to Escape Manor. Through these activities, the girls were encouraged to step outside of their comfort zone while learning to work together as a team – both essential skills for anyone who aspires to becoming a leader in her school or community.

Elmwood's Annual Hunger Games Camp (from left): Campers in Grades 6 to 9 learned archery, experienced white water rafting with Ottawa City Rafting, and travelled to Camp Fortune for a day of ziplining. Photos: Ashley De Franco



Elmwood Girls Receive Top Marks at Annual Math Competitions

This year, Elmwood students performed brilliantly in a series of challenging math competitions. Beginning with our youngest girls, **Alexis Fincham-Dinsdale** in Grade 4 was Elmwood's top scorer in the recent Byron-Germain math contest. Meanwhile, **Emma Hemsch** and **Rowan Parkinson** in Grade 6 both finished in the top ten percent at the Elementary Math Olympiad. Rowan also received the highest mark in her age category and received an additional medal for earning top marks in the Pythagoras math contest.

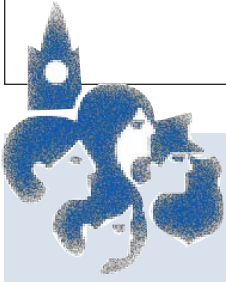
In the Senior School, Grade 9 student **Avery Parkinson** made the provincial honour roll in the Pascal math contest; was Elmwood's top scorer and the regional winner in the Fryer math competition; and was one of only 19 students in Ontario to receive a perfect score. She also received the top medal for the Euclid contest, an exam typically written by students in Grade 12. Finally, Grade 10 student **Grace Brunner** was named to the provincial honour roll in the Cayley contest, and **Cindy Li** in Grade 11 was Elmwood's top student in the Fermat math competition. We are so proud of all our girls, and commend them on another great year of competition!



Elmwood School student Charlotte McLaughlin, riding her horse Dublin at the world-renowned show jumping complex, Spruce Meadows. Photo: Mackenzie Clark

Elmwood Student Earns Top Ribbons at Spruce Meadows

After a winter of training in Wellington, Florida with ten-time Canadian Olympian **Ian Millar** from Millar Brooke Farm, and finishing the winter circuit with top ribbons, **Charlotte McLaughlin** earned top ribbons (2nd, 4th and 6th) in the 1.40m division at Spruce Meadows in Spring and was selected to represent Canada for the second year in a row at the North American Youth Championships. Congratulations, Charlotte!



NEIGHBOURHOOD WATCH

Rockcliffe Park is Not Exempt from Crime!

Rockcliffe Park is one of the most beautiful neighbourhoods in Ottawa and the place we love to call home, but we must remember that our area is not exempt from crime! To illustrate, listed below is crime report information for Rockcliffe Park, April through June of this year, provided by Ottawa Police Services. (Note: incident reports from boundary streets – Maple, Birch, Beechwood – could be from neighbouring communities.)

April 10, 11:00 pm: Theft from vehicle, Minto between Maple and Mariposa

April 27, 3:00 pm: B&E (break and enter), theft, unauthorized credit card use, Mariposa between Springfield and Glenwood

May 5, 6:00 pm: B&E, theft, Maple Lane / May 6, 7:00 pm: Theft from vehicle, Acacia between Maple and Mariposa

May 12, 1:00 pm: Theft, Beechwood / May 20, 8:00 pm: Theft from vehicle, Birch

June 2, 7:00 pm: B&E, Soper / June 24, 4:00 pm: Weapons seized, Minto

June 26, 1:00 pm: Two reports of theft, Sir Guy Carleton / June 26, 7:00 pm: Theft, Thorold

June 27, 10:00 pm: Theft from vehicle, Birch / June 28, 12:00 am: Theft from vehicle, Birch

June 28, 2:00 pm: Weapons seized, Birch and Sandridge / June 30, 3:00 pm: B&E and theft, Sandridge

It's very important that all incidents are reported to police, either online at <https://www.ottawapolice.ca/en/contact-us/Online-Reporting.aspx> or by calling **613 236-1222, ext. 7300**. For a crime in progress or other emergency, call **911**.

Ottawa Police Service recovers hundreds of stolen bikes per year, but often cannot find the owners. A new app, "529 Garage," has been launched to create an online registry, aimed at decreasing bike theft and reuniting recovered bikes with their owners. Read about it at <https://ottawacitizen.com/news/local-news/ottawa-police-launch-app-to-help-people-register-bikes-and-report-bike-theft> and sign up at <https://project529.com/garage/organizations/ottawa/landing>.

Kay James, Neighbourhood Watch Coordinator

ELTOC Summer Tea a Great Success!

On Saturday, June 22, at Elmwood School, many people gathered to hear about English Language Tutoring for the Ottawa Community. ELTOC provides one-on-one tutoring in the homes of newcomers to Ottawa who are unable to attend classes at local schools to due their responsibilities with infants, elderly parents or handicapped family members. Although ELTOC is supported by Immigration and Refugees Canada, we still need to fundraise for teaching materials.

This year a Summer Tea raised over \$5,000 for educational supplies. CBC presenter **Adrian Harewood** (an Elmwood 'old boy') spoke about the importance of individual education to ensure later success, and Municipal Councillor **Rawlson King** remarked how important it is for newcomers to Canada to feel welcome in their community.

During the afternoon, "Ngoma of Africa," a superb Ugandan dance group led by ELTOC Board Member **Maria Nalunga**, entertained the guests, and Celtic Harp music was offered by Ottawa musician **Susan Toman**. A sumptuous tea was prepared by Elmwood Chef **Candice Butler**, and **Julie Somers**, Chair of ELTOC's Board of Directors, spoke as emcee.

Photo above: ELTOC staff and speakers at the Summer Tea: (from left) Front row: Ann Thomson, Ajita Anil, Rawlson King, Adrian Harewood; Second row: Liz Heatherington, Sahar Qassem, Giselle Leduc (ELTOC Executive Director), Mita Basu; Third row: Fafa, Mariam, Maria Nalunga, Lydia, Ada Tagliaferro; Fourth row: Ugo Kejeh, Nancy Fanjoy and Raymond Schut.





Hot Topics, Hot Coffee Fridays at the Bistro

Why not drop by Chartwell New Edinburgh Square's main floor lounge if you're in the neighbourhood? The coffee is hot and so are the topics. We have a unique and very special bistro coffee shop with exciting issues thrown in as a bonus.

We meet every Friday morning; discussions range from international news to current and local issues. Residents, guests and occasional special guest speakers follow the polls, enjoy behind-the-scenes intel, consider the latest political intrigue, and will be discussing the riveting presentations by our leaders as they shift into high gear for the October election. As respected journalist and recent guest speaker **Don Newman** commented, "they are all only a scandal away from defeat."

The media flurry and the challenge of understanding the current issues surrounding deferred prosecution, proportional representation, pipelines, Brexit, trade agreements and rule of law will give way to other pressing news stories. **Adrian Harewood**, CBC anchor and journalist, dropped by recently and spoke about the importance of stories. Well, at Chartwell New Edinburgh Square, we love stories, and we love to discuss them!

Your hot coffee is ready and waiting.

Catherine Strevens-Bourque
Chartwell New Edinburgh Square
35 Beechwood Avenue
csbourque@chartwell.com, 613 744-0901

"We Dig Rockcliffe Park" Archaeology Project Update

After a slow start due to having to deal with the snow, flood and tornado aftermath, the National Capital Commission (NCC) came on strong and provided a community dig experience on July 16, 17 and 18 in Rockcliffe Park. NCC archaeologist **Ian Badgley** and his team of six students had planned to oversee two sites in the park. One site was an approximately 5,000-year-old Indigenous portage site, which, unfortunately, was inaccessible for the July dates due to an overgrowth of poison ivy. The other was the site of a Tea House that existed in the early- to mid-1900s. A big surprise was the discovery of pre-contact artifacts at the Tea House site, in addition to the more expected early 20th-century finds.

A local leadership team has been working to establish a long-term, community-based archaeology program that will include the processing and display of artifacts, the involvement of schools, and, of course, future digs in Rockcliffe Park and in nearby areas including Lowertown and New Edinburgh. Interested in getting involved? Contact the team by email at **WeDigRockcliffePark@gmail.com**. *Imbaw Storer*

END NOTES

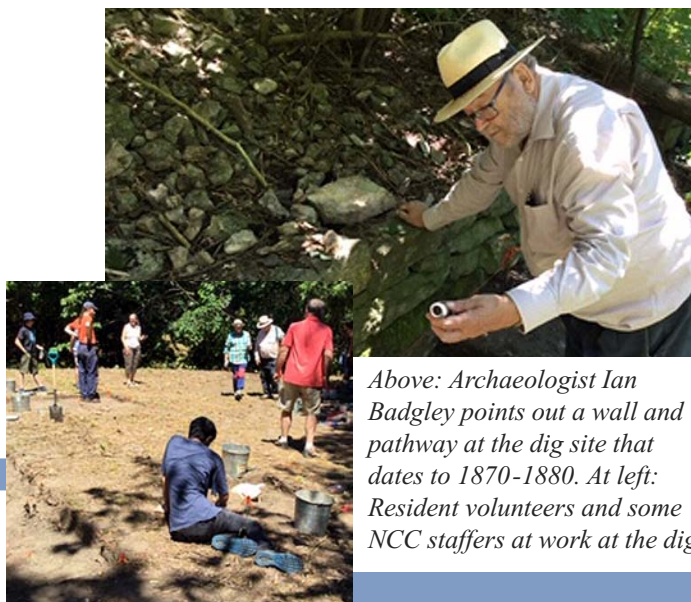
In Recognition

The Rockcliffe News wishes to acknowledge a recent outstanding contribution to The Ottawa Hospital Foundation by **Gavin Murphy** (third from left), a lawyer who grew up in Rockcliffe Park and attended Rockcliffe Park Public School. His contribution of \$500,000 will support cutting-edge cancer research and technology advancements in radiation oncology.



THE ROCKCLIFFE NEWS • VOLUME 19 • NUMBER 4

The Rockcliffe News, the newsletter of the Rockcliffe Park Residents Association (RPRA), is published six times each year: February, April, June, August, October and December. Submissions pertaining to the Village are welcome by mid month before publication. Copy may be edited for clarity, length and content. Paid advertising is not accepted. Current and past issues are posted on the RPRA website, www.rockcliffepark.ca. Newsletter editor: Cynthia Hamady, editor.rockcliffenews@rockcliffepark.ca.



Above: Archaeologist Ian Badgley points out a wall and pathway at the dig site that dates to 1870-1880. At left: Resident volunteers and some NCC staffers at work at the dig.