



The Rockcliff News

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NEW EDINBURGH SQUARE
retirement residence

October 2019

Rockcliff Park Residents Association

www.rockcliffepark.ca

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613 232-6286 – 599 Fairview Avenue

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613 842-3417 – 560 Maple Lane East

Nicolas Temnikov

613 255-2045

Mark Willcox

613 729-2450 – 20 Westward Way

Board meetings are held monthly and are open to all. See calendar for dates and times. Comments and suggestions are always welcome. Correspondence to Board members and any enquiries for administration purposes may be addressed by email to secretary@rockcliffepark.ca.

DATES TO REMEMBER

OCTOBER

- ThursdaysBeechwood Farmers' Market mini market at 3:00 to 6:00 pm Chartwell New Edinburgh Square, 240 Mackay Street; through October 10 (see also *beechwoodmarket.ca*)
- 4 Friday, 7:00 pm.....Founder's Fest, Elmwood School, 261 Buena Vista Road*
- 6 Sunday, 2:00 pm.....Free Seminar: "Downsizing and the Possibilities," Community Hall*
- 9 Wednesday, 8:00 pm.....Speakers Program: Barry Padolsky Architect, Heritage and Urban Design Professional, on "Ottawa's Château Laurier Under Siege," Community Hall*
- 16 Wednesday 7:15 pm.....RPR Board Meeting, Community Hall
- 21 Monday.....Federal Election: Get out and vote!
- 22 Tuesday, 7:00 pm.....Ashbury College Information Session, 362 Mariposa*
- 26 Saturday, time TBAElmwood School Fall Open House, 261 Buena Vista*
- 30 Wednesday, 8:00 pm.....Speakers Program: Dr. Thierry Mesana, MD, PhD, Head of the Ottawa Heart Institute, on "The Heart Institute in the Twenty-First Century," Community Hall*

NOVEMBER

- 1,2,3 Friday to Sunday ...Rockcliff Park Book Fair, Queen Juliana Hall, entrance behind the Community Police Centre at 360 Springfield*
- 2 Saturday, 10:00 am "Something New Edinburgh" Craft Show, MacKay United Church Memorial Hall, 39 Dufferin Road at MacKay*
- 2 Saturday, 1 to 4 pm.....St. Bart's Bazaar, Church of St. Bartholomew, 125 MacKay*
- 8 Friday, 7:30 pm.....Linden House Theatre Company presents "The Savannah Sipping Society," Elmwood School, 261 Buena Vista Road (see page 8 for additional show dates and times)*
- 16 Saturday, 9:00 amVintage Clothing Sale for Cornerstone Women's Shelter, to 4:00 pm All Saints Church Hall, 10 Blackburn Avenue, Sandy Hill*
- 20 Wednesday, 7:15 pm....RPR Board Meeting, Community Hall
- 23 Saturday, 6:00 pm2019 Ashbury Ball – La Belle Époque, 362 Mariposa*
- 29 Friday, 6:30 pm.....Elmwood Art Fair Vernissage, Elmwood School, 261 Buena Vista Road*
- 30,1 Saturday, Sunday.....Elmwood School Holly Tea and Art Fair, 261 Buena Vista*

DECEMBER

- 4 Wednesday, 7:00 pm....Christmas Tree Lighting and Carol Sing, Community Hall
- 6 Friday, 5:30 to 7 pm.....Community Get-Together in support of Rideau-Rockcliff Community Centre's food bank, Parish Hall of the Church of St. Bartholomew, 125 MacKay Street*
- 8 Sunday, 2 to 4 pmChildren's Christmas Party, Community Hall

*Additional information on these events may be found in this newsletter.

See page 5 for a full listing of events for the Rockcliff Park Branch of the Ottawa Public Library

PRESIDENT'S LETTER



This time last year, I wrote about the preparations for our municipal elections. Given what has happened in the past year, it seems so long ago. It is a rare thing to have two elections within one year, but such will be the case this year.

Our municipal by-election has passed and our new councillor, **Rawlson King**, is now well-established and has been very busy indeed. Our federal election will take place on Monday, October 21, and as is our tradition, the RPR, along with the neighbouring communities of New Edinburgh, Lindenlea and Manor Park, will be hosting a candidates' debate in Queen Juliana Hall at Rockcliffe Park Public School. We hope to hold this on Tuesday, October 8, at 7:00 pm, but as of this writing, that date has not been confirmed. The RPR will be sending out email alerts to our members and will be posting signs informing everyone of the date as soon as we have it. While the Liberal Party candidate will be familiar to all, the NDP, the Green Party and the Conservative Party all have new candidates for this riding so this will be a chance for you to meet them in person.

In addition, **Lucille Collard** was recently nominated in Ottawa-Vanier as the Liberal candidate to replace **Nathalie Des Rosiers**, so we will have another by-election in the coming months. By law, the election must be called by 2 February 2020. We will keep you posted and will organize a candidates' debate at the appropriate time.

The situation at the Pond and our conservation area has become even more difficult over the last few months. The emergent "beach" is larger and the guide ropes to discourage recreational use of the exposed pond bed are routinely ignored. The pumping programme has proven to be largely ineffective and will likely be discontinued. Our Pond Committee, ably led by former RPR president **Brian Dickson**, will be meeting with the City in October to review these and other matters.

After a successful outdoor movie night in July, the attempt to recreate that magic with a more contemporary film of interest to a wider and younger audience was unfortunately thwarted by rain so the event had to be cancelled. The evening in July was so popular, though, that we plan to make every effort to bring another classic to the Jubilee Garden next summer.

Our Speakers Series kicked off this season a few weeks ago with the **Hon. Perrin Beatty** speaking to a full house. On October 9, Ottawa architect **Barry Padolsky** will be giving an update on the situation facing the Château Laurier. This will be most relevant, as the Committee of Adjustment will have given its September 27 ruling and there will surely be plenty to discuss. A big thanks to **Susan d'Aquino** for continuing to organize this series. A full schedule of upcoming speaker events can be found on page 4 of this newsletter.

Looking ahead, the RPR will again be launching an annual fundraising drive for the food bank at the Rideau-Rockcliffe Community Resource Centre. Given the overwhelmingly positive feedback we received last year for our Community Get-Together and Silent Auction, we will be doing it again this year on December 6 at 5:30 pm at St. Bartholomew's Church in New Edinburgh – see details on page 10 of this newsletter. These events require a lot of manpower to organize and stage. If you would like to help in any way, or if you or someone you know would like to donate an item for the silent auction, please get in touch with us as soon as possible at secretary@rockcliffepark.ca.

And while we are on the subject of volunteering, if you would like to get involved in the community, please do get in touch with one of the Board members listed on the first page of this newsletter. An effective community association is only as good as its members. You don't have to become a Board member to get involved, although we do have space and we are actively looking for a few new members. I hope you will consider joining us.

Wishing you all a peaceful and plentiful Thanksgiving holiday.

Peter Lewis, 20 September 2019

THE ROCKCLIFFE NEWS • VOLUME 19 • NUMBER 5

The Rockcliffe News, the newsletter of the Rockcliffe Park Residents Association (RPR), is published six times each year: February, April, June, August, October and December. Submissions pertaining to the Village are welcome by mid month before publication. Copy may be edited for clarity, length and content. Paid advertising is not accepted. Current and past issues are posted on the RPR website, www.rockcliffepark.ca. Newsletter editor: Cynthia Hamady, editor.rockcliffenews@rockcliffepark.ca.



THE VILLAGE FOUNDATION

FRIENDS OF THE VILLAGE OF ROCKCLIFFE PARK FOUNDATION www.rockcliffeparkfoundation.org

Who We Are and What We Do

Most Rockcliffe Park residents have heard of the “Friends of the Village of Rockcliffe Park Foundation” (also referred to as “The Village Foundation” or “the Foundation”), but many are hazy on what this organization actually does. It’s a mouthful of a name that doesn’t reveal its purpose.

The Village Foundation had its start in the summer of 1996. Its purpose was to preserve Rockcliffe’s distinct character and nature when amalgamation with the City of Ottawa occurred.

The main role of the Foundation is to be the steward of funds available for projects, activities and events that benefit Rockcliffe Park residents in many different ways. The Foundation provides a grant of between \$15,000 and \$30,000 every year to the City of Ottawa; the City, at its discretion, transfers those monies to the Rockcliffe Park Residents Association (RPRA) for use in the community.

The Foundation’s funds come solely from donations. The organization is a registered charity, and therefore eligible donors receive a charitable tax receipt.

It’s a win-win situation – the neighbourhood directly benefits from those same funds raised to allow for many community events that might not otherwise be possible. Additionally, these funds help maintain our neighbourhood’s quiet and treed environment, and provide ongoing care to protect precious Rockcliffe Park resources like McKay Lake and the Pond.

You may be familiar with some of the annual events the RPRA organizes with funds that come from The Village Foundation:

- Christmas Tree Lighting and Carol Sing
- Children’s Christmas Party
- Spring Clean-up
- Movie Nights in the Jubilee Garden
- Speakers Series

You may be less familiar with the monies dispersed every year from the Foundation to support neighbourhood sports, recreation, libraries, history and other areas. The Friends of

the Village of Rockcliffe Park Foundation has helped to fund the following:

- Family-oriented events such as the Village Fête, held on the 90th Anniversary of the Village’s incorporation
- Heritage Trolley Tour event
- Plaques and historical artifacts installed in our public spaces
- Oral history transcripts project
- Heritage Site Plan inventory
- Building of the updated pavilion in the Jubilee Garden in 1999
- Community Hall lectern
- Publication of *The Rockcliffe News* and the *Welcome to Rockcliffe Park* booklet
- Websites for Rockcliffe Park, developed by the RPRA, and The Village Foundation
- **Martha Edmond’s** book, *Rockcliffe Park: A History of the Village*, which is sold at Books on Beechwood to recover costs
- Rebuilding in 2001 of the sports field (soccer pitch) on the grounds of Rockcliffe Park Public School (RPPS)
- Soccer field rehabilitation in 2004 and 2010
- Maintenance of the sports field on the grounds of RPPS
- Grants to the Ottawa Public Library and RPPS Library
- Library branch science collection for children
- Tree inventory updates to ensure our valued tree canopy is healthy, and tree planting on verges and green spaces
- Ongoing McKay Lake conservation and wildlife area protection; Pond water testing for algae and water levels

We also assisted in the St. Brigid School playground renewal under the Community Grants Program.

“Friends of the Village of Rockcliffe Park Foundation” is a long name, but its agenda and accomplishments are even longer. All these undertakings benefit the environmental beauty and community spirit of our neighbourhood and help to maintain the village atmosphere of Rockcliffe Park.

THE 2019 VILLAGE FOUNDATION BOARD: *Executive:* **Bonnie Robinson**, Chair

Ryan Kilger, Vice-Chair | **Roy Williams**, Treasurer | **Jane Newcombe**, Secretary *Board Members:* **Sarah Baxter**, **Nancy Carr**, **Anthony Carty**, **Alexandra Colt**, **Jean-Guy Dumoulin**, **Alison Green**, **Heather Hickling**, **Fiona Murray**, **Jane Panet**, **Paul St-Louis**

SPEAKERS SERIES

Rockcliffe Park Community Hall
380 Springfield Road

Join your neighbours for informal evenings with distinguished speakers. Presentations will be followed by questions, coffee and cookies. Admission is free.

The Speakers Series is an initiative of the Rockcliffe Park Residents Association and is supported by The Village Foundation. Details and additional information may be found at www.rockcliffepark.ca.



Barry Padolsky

Architect, Heritage and
Urban Design Professional

**“Ottawa’s Château Laurier
Under Siege”**

Architect and heritage advocate Barry Padolsky will share his analysis of the controversial saga of the proposed “modern” addition to Ottawa’s iconic Château Laurier Hotel. What went wrong and why? How can Canadians better protect our cherished architectural heritage?

Wednesday, October 9 at 8:00 pm



Dr. Thierry Mesana, MD, PhD

Head of the
Ottawa Heart Institute

**“The Heart Institute in the
Twenty-First Century”**

Dr. Mesana, President and CEO of the University of Ottawa Heart Institute and Emeritus Professor at the University of Ottawa, will describe the unique model of the Heart Institute, the evolving landscape of cardiac diseases, and will also address the pressures and the challenges on cardiac care and research, and health-care in general.

Wednesday, October 30 at 8:00 pm

RPPS BOOK FAIR



Prepare your Shelves for the 58th Annual RPPS Book Fair, November 1 to 3

Come find your “golden ticket” at the 2019 Rockcliffe Park Public School Book Fair. Students are excited for this year’s theme: **Roald Dahl**. A writer who appeals to both the young and the young at heart, the inspiration of this award-winning author will be felt throughout this year’s event.

Roald Dahl’s imagination has taken us on adventures to places beyond belief. His novels capture fantasy and reality in perfect balance. Meaningful morals are intertwined throughout his repertoire – one of the reasons adults return to his stories and children are eager to read them. Some of our younger readers may have been introduced to Roald Dahl through films by acclaimed producers like **Tim Burton** and **Wes Anderson**. You can also find productions of five of his books on Broadway!

The RPPS Book Fair has been our school’s top fundraiser for nearly 60 years! We welcome you to visit thousands of donated books over three days in the RPPS gymnasium, Queen Juliana Hall. *Matilda* doppelgangers will have a field day browsing books of every genre, as well as magazines, vinyl records, puzzles and board games. Bookshelves are restocked regularly, so there are new treasures each day. Kids are welcome and can be found “wondering what to read next” in our abundant children’s section. They can also explore our Craft Corner. No need to hurry home for lunch; you can enjoy a hot meal, dessert and coffee in our Café.

Book Fair at RPPS is one of our community’s most anticipated annual events. Volunteers from the school and community work more than 4,000 hours each year; those generous hours raised \$44,000 in 2018. Proceeds are used to sponsor educational field trips, author and illustrator workshops, and literary programming. For a full list of funds management, visit our web page, www.rockcliffeparkbookfair.com.

We hope to see you at the 58th annual RPPS Book Fair, November 1 to 3 in the Rockcliffe Park Public School gymnasium (Queen Juliana Hall – enter off Springfield near Buena Vista Road). Visit www.rockcliffeparkbookfair.com for more information on hours, location and volunteer opportunities, and be sure to follow us on Facebook (**Rockcliffe ParkBookFair**), Twitter (**@rppsbookfair**) and Instagram (**RPPSbookfair**).

Sara Dobbin, RPPS Book Fair Committee

Illustration at top: Quentin Blake / www.bbc.co.uk/newsround/36824907

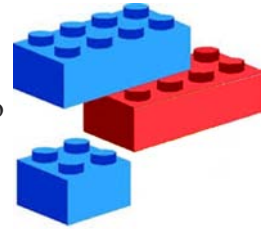
ROCKCLIFFE PARK LIBRARY

Rockcliffe Park Library Fall Programs

Join in the fun at the Rockcliffe Park Branch of the Ottawa Public Library, located at 380 Springfield Road. Programs are free to attend; pre-registration may be required (see details below). Our library is a local treasure, full of community spirit. Please join in the celebrations and share in a love of reading. For more information go to [https://bibliooottawalibrary.ca/en/program?ff0\]=field_event_branch:1440](https://bibliooottawalibrary.ca/en/program?ff0]=field_event_branch:1440) or phone 613 580-2940 (Infoservice).

Friday, October 4 | 10:30 to 11:30 am | Ages 3 to 7 | En français

Ça dé “bloc” Journée Pédagogique à la succursale Rockcliffe Park. Raconte-moi une histoire; Lego et Biblio aux trésors. Venez vous amusez avec nous.



Saturday, October 5 | 10:00 am to 1:30 pm | All ages (for families) | Bilingual

Rockcliffe Park Library Open House Fun Day A morning of fun, including a music show, balloon twisting, refreshments, crafts and much more. Music show at 10:30 am with Monkey Rock Music (English). Bilingual staff will be on site for the duration of the event. Sponsored by the RPR Library Committee through its annual Spring Book Sale.

Friday, October 11 | 10:30 to 11:30 am | Ages 3 to 7 | English

Special PD Day Program Enjoy a musical show from award-winning children's performer **Derek McKinley**.

October 16 and November 13 | 10:00 to 10:30 am | Ages 19 to 35 months

Toddler time Stories, rhymes and songs for toddlers and a parent or caregiver.



Saturday, November 9 | 9:00 am to 4:00 pm | All ages (for families) | Bilingual

Manor Park Community Centre, Science Day Includes a Science and Math storytime, hands-on experiments, Rubik's Cube workshop, 3D printer and green screen.

Tuesday, November 12 | 6:15 to 8:15 pm | All ages

Music in the Stacks at Rockcliffe Park Library With music by violist **Kathryn Patricia**.

Friday, November 15 | 10:30 to 11:30 am | All ages (for families) | Bilingual

PD Day Program: Twin Flames, Sharing Stories of Unbreakable Spirits Twin Flames take listeners on a musical journey across Canada and the Arctic; they echo the voices of their ancestors and depict life on the land. Together, **Chelsey June** (Métis) and **Jaaji** (Inuk, Mohawk) represent Inuit, Indigenous and Métis groups in Canada. Their songs are written in English, French and Inuktitut. Through music they share the beauty of their cultures and incorporate both traditional and western instruments.



Saturday, November 16 | 10:00 am to 3:30 pm | Various ages | Bilingual/English | Registration for some activities*

“The Art of Storytelling” Day With performances of French-Canadian stories and songs by **Louis Mercier** from 10:30 to 11:30 am (bilingual drop-in family program); Start-a-Story Workshop (in English) with **Timm Holmes** from 2:00 to 3:30 pm for children ages 6 to 12 (registration required*); puppet area available all day for self-guided storytelling with puppets. Poet and author **John Barton** presents a workshop from 2:00 to 6:00 pm for ages 16 and up (registration required*) entitled “The Sonnet as Daybook: How to Enhance your Writing Practice.”

Tuesday, December 10 | 6:15 to 8:15 pm | All ages

Music in the Stacks at Rockcliffe Park Library With music by harpist **Susan Toman**.

****Tentative** October 2019: Four-week After-School Rubik's Cube Club: one-hour-long program where kids learn how to solve the Rubik's Cube and work on developing speed. Led by a Rubik's Cube competitor. Check the website for more details.**



*From desk of Rawlson King
Councillor, Rideau-Rockcliffe Ward*

An Update from Your Councillor

I was pleased to see many residents out at Beechfest enjoying the street festival and was happy to take the opportunity to meet many of you. The summer has been a busy time in my office with lots of work being done on many projects.

By the time you read this, the LRT will be up and running. The LRT will be an improvement to the way our City functions, but I recognize that there will be concerns that will need to be addressed, especially with the transition in bus schedules. I welcome your feedback about the changes to your commute. Contact my office at rideaurockcliffeward@ottawa.ca to tell me what is and is not working.

Many of you completed our transportation survey, which helps us prioritise where to focus our efforts, and I thank you for that. We hear your concerns about Beechwood Avenue and given that it is a ward boundary, we are working with Councillor **Mathieu Fleury** and his staff to find cohesive solutions. We intend to introduce gateway speed zones throughout Rideau-Rockcliffe to lower residential speed limits to at least 40 km/h before the end of my term.

We continue to have successful Ward Council meetings. We encourage you to provide your feedback to your community association to contribute to the Ward Council conversation.

The Official Plan consultations continue to take shape and the City welcomes feedback. We were asked by the Rockcliffe Park Heritage Committee whether the Official Plan would include a review of secondary plans – and it will. I know this is a topic which is close to many of you, so we encourage you to reach out directly to the New Official Plan team at newop@ottawa.ca.

Consider attending the Church Bazaar on November 2 at St. Bartholomew's in support of the Cornerstone Women's Shelter. I will be there to open the bazaar at noon and look forward to seeing many residents out and about. St. Bartholomew's is also hosting a Community Get-Together on December 6 in support of Rideau-Rockcliffe Community Resource Centre's food bank. Our federal riding has the highest usage of food banks in the province. I realize that emergency food bank usage is not a long term solution, but the need is acute and our neighbours are in need, so I encourage you to attend the event.



*From the desk of Mayor Jim Watson
City of Ottawa*

Ottawa's Light Rail Transit System is Here

The O-Train Confederation Line has opened to the public, marking a significant milestone in Ottawa's history with the completion of the largest infrastructure project since the Rideau Canal. It was North America's busiest light rail line at opening and moved over one million people in the first few days. Stage 1 LRT provides rapid and high-quality transit service from Tunney's Pasture Station in the west to Blair Station in the east and improves congestion in the downtown core and the reliability of our transit system.

On Saturday, September 14, I had the privilege of being joined by my Council colleagues, provincial and federal government representatives, City staff and stakeholders for the official LRT opening ceremony and inaugural ride. This unforgettable event was the culmination of several years of hard work, as well as the establishment of important partnerships with both the public and private sectors.

The dream of a fast and sustainable light rail transit system linking our community together began over 20 years ago. Studies and discussions were succeeded by plans, designs and construction. I'd like to sincerely thank our provincial and federal partners who generously contributed to make this dream a reality.

Thanks to the collective will and effort of thousands of individuals, the Confederation Line is a reality, creating a backbone to support and guide future growth in Ottawa. Construction for Stage 2 LRT is already underway and planning for Stage 3 LRT to bring rail to Kanata-Stittsville and Barrhaven has started.

Stage 2 will extend rail further east to Trim Road, west to Moodie Drive, southwest to Algonquin College and south to Limebank Road, with a spur to the Ottawa Macdonald-Cartier International Airport. It will add 44 kilometres of track and 24 new stations. With these extensions in place, the light rail network will be fully integrated with cycling and pedestrian pathways to encourage sustainable transportation and links to Ottawa's major residential, employment, commercial and cultural hubs. Once completed, approximately 77 percent of Ottawa's population will live within five kilometres of LRT.

(Continued on page 7)

QUEENS PARK

Reminder:

Our office is open! If you have any questions or concerns relating to provincial government or services, don't hesitate to contact us.

Ottawa-Vanier

Constituency Office:

237 Montreal Road

Ottawa, ON K1L 6C7

Telephone: 613 744-4484

Email: ottawavanier@ola.org

Mayor Jim Watson (Continued)

I invite all Ottawa residents to explore the O-Train Confederation Line 1 – our new, reliable, clean, quiet and comfortable 12.5 kilometre LRT system with 13 beautiful and fully accessible stations. Please join us in celebrating this significant milestone in our City's transportation history, which is transforming Ottawa into a more connected and accessible city.

The future of transit in Ottawa is here. Welcome aboard!

More information is available at www.octranspo.com and www.jimwatsonottawa.ca.



Mayor Jim Watson, Councillor Allan Hubley and Minister Caroline Mulroney get ready to board the O-Train during the inaugural ride and official launch of the Confederation Line on Saturday, September 14, 2019. Photo: City of Ottawa

NEIGHBOURHOOD WATCH

Beware of Phone and Email Fraud



Fraudulent phone calls and emails are becoming ever more sophisticated and plausible. The primary objective is to persuade victims to send money, but this type of crime may also involve identity theft, fraudulent access to bank accounts, or planting of computer viruses. Some recent scams:

Calls from criminals impersonating police or the Canada Revenue Agency, alleging taxes owing, and threatening victims with legal action or even arrest if they don't call back and pay up right away. This is a scam – police or CRA would never contact you by phone or email to tell you that money is owing. **Calls claiming to be from a bank or utility company**, telling you there is a fraud alert and asking for personal and billing information. This enables them to commit identity theft. **A call or email informing you that you have a virus on your computer** and offering to fix it remotely. The goal here is to gain access to your computer, which then gives the thief access to your passwords, bank accounts, etc. **The "one-ring" scam** – your phone rings once then stops, tempting you to call back to find out who called. If you do, you are calling what is effectively a 1-900 number and will be charged a flat fee plus a time charge, which could amount to hundreds of dollars. **The "grandparent" scam** – a call from someone claiming to be a grandchild in trouble, asking for money to be sent urgently, without telling Mom or Dad. So much information is posted on social media that it's easy for scammers to pick up enough details to back up a cry for help. If you're possibly at risk here, arrange a secret code word with your grandchild for them to use if there's ever a genuine emergency. **An unexpected request for funds from someone you know**, possibly a request for gift cards to be bought and sent to them, is likely to be a scam. If you want to check with the purported sender, don't use the email's "reply" function but send a new message.

To stay safe, stay sceptical. Scammers have technology to make false caller IDs or disguised numbers show up on your phone, and to attach any name they choose to an email link (this is called "spoofing"). False websites can be set up that look very much like the real thing; colours and graphics will have been copied from the genuine site. Whenever you're in any doubt, terminate the communication and contact the institution using a phone number or email address from your own records. No legitimate organization will have a problem with that. *Kay James, Coordinator*

SCHOOL REPORT



ELMWOOD SCHOOL

Elmwood on the Big Screen

The summer is typically a quieter time for us, but this year Elmwood was absolutely buzzing at the end of August, thanks to the filming of a Hallmark Christmas movie!



Toosje Delaney ('00), Madelaine Delaney ('25) and Catherine Delaney ('29), waiting to be called on set at the filming of Double Holiday.

Our gymnasium, a few of our classrooms and our auditorium were completely transformed with festive spirit.

Elmwood alumna **Zaina Khan** ('18), was hired as a Lighting Technician for the Auditorium filming, and **Grace Goldberg** ('18), **Toosje Delaney** ('00), **Madelaine Delaney** ('25) and **Catherine Delaney** ('29) all starred as extras.

Tune in to the Hallmark Channel to catch a glimpse of Elmwood in *Double Holiday* on Saturday, November 16.

Celebrating Elmwood's Founder, Theodora Philpot

On Friday, October 4, we will celebrate our founder, **Theodora Philpot**, with special activities during the day and a community event in the evening. During the day, students, parents, staff, faculty and alumni will participate in an assembly and the retelling of the school's origin story followed by a special lunch and field games.

On Friday evening we welcome the community to join us for Founder's Fest. The event will feature house-made delights from **Chef Candice** and the **Elmwood Bistro**, music from **The Hornettes**, wines from **Two Sisters Winery** and beer from **Waller St. Brewery**.

The event will take place in the Elmwood Gymnasium, 261 Buena Vista Road. Tickets: \$45 per person. Visit elmwood.ca/foundersfest for additional details and to confirm your spot!

Annual Holly Tea and Alumni Art Show

Members of the community are invited to join us this December for our annual Holly Tea and Art Show! This event is always a highlight of the holiday season, filled with

stunning artistry and festive cheer. We will be kicking things off on Friday, November 29 at 6:30 pm with our Art Show Vernissage. The show will continue on through Saturday and Sunday from 10:00 am to 4:00 pm, as will our Holiday Marketplace! And don't miss out on our sumptuous Holly Tea, which will take place on Saturday, November 30 from 1:00 to 4:00 pm. For further information, call **613 749-6761, x 226**.



Elmwood students Abigail Butler ('18), Isabella Thomas ('18) and Jagnoor Saran ('18) serving tea at last year's Holly Tea event.

Open House

If you are keen to learn more about Elmwood's innovative approach to girls' education, please join us on Saturday, October 26 for our Fall Open House! You will have the opportunity to tour the school, meet with teachers and learn more about how Elmwood can inspire your daughter to reach her full potential. To RSVP, please visit elmwood.ca/open or telephone us at **613 744-7783**.



Senior Students Charlotte Pryor Hofley ('20), Somieya Khan ('20) and Allison Sedlezky ('20).

Linden House Theatre Company

Linden House Theatre Company proudly presents *The Savannah Sipping Society*, a charming comedy about four women who come together and bond (over a peach julep or two) on a verandah in the sunny South in an effort to capture their joy in their lives.

An original play by the American trio **Jessie Jones**, **Nicholas Hope** and **Jamie Wooden**, the play is directed by **George Stonyk** and stars **Venetia Lawless**, **Jennifer Sheffield**, **Lindsay Lavoilette** and Linden House Theatre Company's founder, **Janet Uren**.

The Savannah Sipping Society opens on stage at Elmwood School on Friday, November 8 at 7:30 pm, and continues with evening performances on November 9, 15 and 16, with matinees at 2:00 pm on November 10 and 17. Tickets are \$25 and available as of October 1 online at lindenpro.ca, at Books on Beechwood, 35 Beechwood Avenue, or by calling **613 842-4913**. Parking is free on-site.

SCHOOL REPORT

ASHBURY COLLEGE



Ashbury's 128th Year Opens

This September we welcomed 715 new and returning students from over 60 diverse nations to begin Ashbury's 128th year in Canada's capital.

We also welcomed a number of new faculty and staff – in our boarding residences, as part of administrative teams and in the classroom.

Head of School **Norman Southward** reminded students of the expectation to uphold Ashbury's values of academic excellence, character development, community, personal



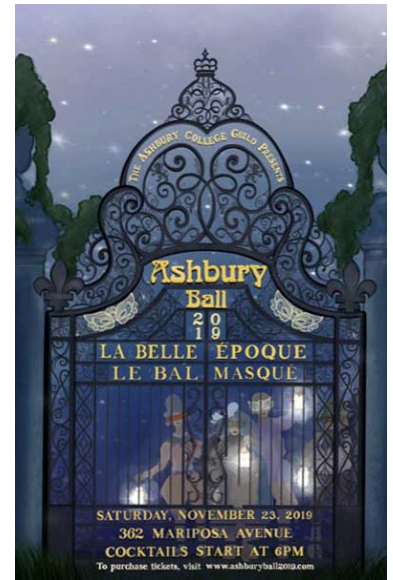
Mr. Southward and the school co-captains gave a brief tutorial on proper canoe-paddling grip and form at Ashbury's 2019 school opening ceremony on September 4.

growth and international engagement – values not simply referred to but, indeed, lived day in and day out at Ashbury.

Whether it be getting involved with a school club or community outreach, it is each Ashburian's responsibility to be involved in our community, local or global. We look forward to an engaged – and busy – school year.

2019 Ashbury Ball: Tickets Now on Sale!

Please join us on Saturday, November 23 for an unforgettable evening of delicious cuisine, fabulous entertainment, and live and silent auctions in support of Ashbury students. Mark your calendar for dinner, dancing and fun. For more information and to buy your tickets, please visit ashburyball2019.com.



Admissions Information Session Tuesday, October 22 7:00 pm

Are you curious about Ashbury's admissions policies, academic programming, university counselling, athletic offerings or financial assistance options?

Join us on October 22 at 7:00 pm to learn more about the advantages of an Ashbury education. Tour the school, chat with students, teachers, parents and Admissions staff, and see learning in action in our exciting classroom displays. Everyone is welcome!

Ashbury College is located at 362 Mariposa Avenue in the heart of Rockcliffe Park. On-site and nearby street parking will be available.

Contact admissions@ashbury.ca for more information. RSVP at ashbury.ca/infoession.



Discover the **Ashbury Advantage**

Grades 4-12, Coeducation, International Baccalaureate

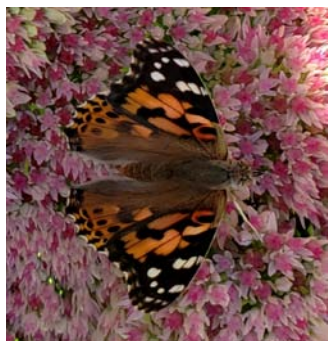
ashbury.ca
613.749.5954
info@ashbury.ca



WILDLIFE NOTES

The Pied-billed Grebes I first heard on the lake on 2 May stayed and produced young, the male's loud song ringing across the lake during the summer. They are not regular breeders. My first record is the summer of 2010. They also nested in 2011, 2012 and 2013, but not again until this year.

A Robin pair centered their territory on our garden, as usual, and on 4 May the female was sitting tight in a nest on a ledge under our carport. The young all fledged. The empty nest was immaculately clean. A month later the female of what must be the same pair because it used the same nest, was incubating again on 8 June. That brood also all fledged. To my surprise, a third nesting took place, sheltered by grape leaves at the top edge of the carport – within a few metres of the first two nestings, so almost certainly the same adult pair. Young were being fed when I found the nest in the last days of July, they fledged about 4 August.



We encouraged, and now fight to contain, a milkweed patch to be of use to breeding Monarch butterflies. They have laid eggs once before, so we were happy this summer that Monarchs visited over a series of days when the plants bloomed. But each Monarch flew directly to the

milkweed leaves, paused for a moment and then moved on. No egg laying. Aphids soon became very abundant on the leaves, attracting wasps and flies to the sticky leaf coating. We have also been visited by deep-coloured Red Admirals. Neighbour **John Brooks** took the photo above of a Painted Lady (*Vanessa cardui*) on his flowers.

I first noticed an adult Chickadee bringing food to young in a nesting box on 13 June. All members of two broods of Chickadees fledged from the four nesting boxes I maintain in our garden and a neighbour's.

Delightfully tame diminutive Chipping Sparrows again nested in an adjacent garden but spent much time searching the ground in our garden, first collecting food for their nestlings, then bringing their flying young in June to learn to feed. While I watched them feeding on 30 July, a larger Song Sparrow flew into the garden twice to collect nesting material, great beakfuls of dried grass stems. Song Sparrows are amongst the first migrants to arrive, so this nesting would have been a second or third effort.

August ripening of the butternuts in the tree tight against our house brings squirrels. A single Red Squirrel collects the nuts for its winter hoard, and tries hard to drive off Grey Squirrels and their black colour morphs. The afternoon of the 19th I happened to be at a window within a few metres of the trunk. A Grey came rapidly up the trunk and then zipped out on a large limb that ended in a tuft of new growth. No hesitation, it knew just where it was going. The instant it reached the tuft it made a spectacular somersault reversal and streaked back down the branch, hotly driven by the Red whose teeth were within inches of its tail. The Red had been out of sight in the tuft.

This summer I've seen and heard many more visits by Ravens than usual, always a pair, circling and calling above the ridge on the east side of the lake. Ravens have nested twice in the Village to my knowledge, without managing to raise young. Thinking about it again?

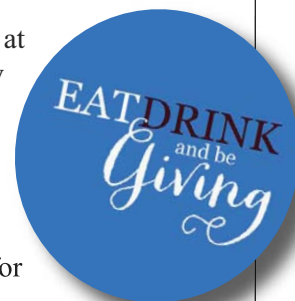
Anthony Keith, 16 September 2019

RPRAs 2nd Annual Community Get-Together and Silent Auction

Friday, December 6 | 5:30 to 7:00 pm | St. Bartholomew's Church Hall, 125 MacKay Street

The Rockcliffe Park Residents Association presents the second annual Community Get-Together at St. Bartholomew's Church Hall, 125 MacKay Street, in support of Rideau-Rockcliffe Community Resource Centre's food bank, as well as other services they provide for those in need. Please come and join your neighbours to support this worthwhile event. There will be a silent auction plus delicious Prosecco and refreshments. Additional details to come; check back on the RPRAs website, www.rockcliffepark.ca.

If you would like to help in any way, or if you or someone you know would like to donate an item for the silent auction, please get in touch with us as soon as possible at secretary@rockcliffepark.ca.



ENVIRONMENT

Rockcliffe Park Update

Tree Removal

McKay Lake path walkers may have noticed some red Xs or markers on trees adjacent to the shoreline fence. These trees and three others near the Bittern Court condos will be removed this winter – to prevent incipient fence damage or because they are dead. I reviewed this tree removal with City forestry staff so please don't worry – these are trees that need to go.

Buckthorn

Invasive buckthorn removal continues in the McKay Lake woodlot area. Over the years, the large ones have been removed and we are now focusing on small buckthorns – those that sprouted from seeds lying dormant in the ground.

But as we walk around the Village, we see a number of larger buckthorn tree with blue berries that will continue to contribute to the problem of invasive plants in Rockcliffe. Do you have a tree or shrub on your property that has bunches of very dark blue berries on it now? If so, it could be buckthorn and it is one of the plants that the Ontario Invasive Plant Council recommends removing from private and public properties in order to aid conservation and biodiversity efforts in Ontario.

Find information at https://www.ontarioinvasiveplants.ca/wp-content/uploads/2018/05/OIPC_BMP_Buckthorn_May282012_D61.pdf.

Why do we worry about buckthorn? When birds or small mammals eat the berries they may regurgitate the berries and/or the seeds, leading to the spread elsewhere, such as the conservation area on McKay Lake and the Pond, or a neighbour's property. Buckthorn also alters the nitrogen levels in soil, creating conditions that discourage or prevent the growth of native plants.

If you are not sure if your tree or shrub is a buckthorn, give me a call at **613 746-6145** or send an email to iolamprice@gmail.com and I will come and identify the tree. I also plan to leave a letter at the homes of people with visible buckthorn trees.

*Iola Price
Chair, RPRA Environment
Committee*



COMING EVENTS

Free Seminar: Downsizing and the Possibilities



Sunday, October 6

2:00 to 5:00 pm

Rockcliffe Park Community Hall

If you are at the stage of wanting to sell your home and downsize but are unsure of what your next important steps in the process might be, this seminar is a must. It would be of interest to seniors and children of seniors.

Coordinated by **Vera Cody**, Leasing Specialist for Lepine Luxury Apartment Rentals (and former president of the Rockcliffe Park Garden Club), and featuring experts in real estate, financial planning and downsizing, you will have the opportunity to meet our featured speakers and receive the information you are looking for.

For the past 28 years, our real estate expert, **Tony Rhodes**, Sales Representative at Coldwell Banker Rhodes & Company, has earned Coldwell Banker's top awards including the Number One Team in Canada. He has developed a wealth of resources and contacts to help buyers and sellers with their real estate needs.

Brian Montgomery has been in Financial Planning for 30 years and is the founder and Portfolio Manager of Montgomery Ouimet Asset Management of RBC Dominion Securities. He is recognized as the top portfolio and investment manager in Ottawa and helps his clients' transition to long-term financial independence through personalized and professional assistance.

Our downsizing specialist is **Barb McDougall**, Community Relations with the professional downsizing company Darling Solutions, which specializes in assisting seniors and families with lifestyle changes. They offer an array of solutions personalized to each unique situation and will identify and prioritize your needs to create and orchestrate a customized plan that meets your goals and minimize the stress associated with downsizing.

This seminar is for anyone considering the move to a simpler, stress-free lifestyle. Registration is required and space is limited. Please contact **Vera Cody** at **613 302-4025** to reserve your spot. Along with invaluable information, light refreshments will be served. See you there!

END NOTES



Illustration: Pinterest / PNGPicture

Fall: A Time of Change

*Every leaf speaks bliss to me,
Fluttering from the autumn tree...*

– Emily Brontë

Fall is a time of change. And change can sometimes be challenging.

Conversations about change can be complicated. It can be hard to broach subjects between family members that we aren't sure they will agree with, or we may get frustrated when spouses or siblings don't share our point of view. At times, it can be truly hard to listen to one another.

“Think about what you want, explore your options, make a plan and talk to the people you love about your decision. Being proactive is the best way to ensure we have the choice and control we want as we age.”

– Dr. Amy D'Aprix

Dr. Amy D'Aprix, MSW, PhD, is a gerontological social worker with over 30 years of experience, and an aging expert. You can find her blog on Chartwell.com, or perhaps drop by for a chat. Our doors are always open.

Catherine Strevens-Bourque

Chartwell New Edinburgh Square
35 Beechwood Avenue
csbourque@chartwell.com, 613 744-0901

Vintage Clothing Sale to Benefit Cornerstone Women's Shelter



Saturday, November 16
9:00 am to 4:00 pm
All Saints Church Hall
10 Blackburn Avenue
in Sandy Hill

Discover a stylish treasure or two while supporting a worthy organization. All proceeds will go to Cornerstone Women's Shelter, which assists approximately 500 Ottawa women annually, offering safe and secure accommodation and counselling.

And if you have quality donations (bags, hats, scarves as well as clothing), please contact **Anna Rumin** at **613 323-3751**.



“Something New Edinburgh” Craft Show

Saturday, November 2
10:00 am to 3:00 pm

MacKay United Church
(Memorial Hall)
39 Dufferin Road

The fifth annual “Something New Edinburgh” craft show hits MacKay United Church's Memorial Hall on Saturday, November 2 from 10:00 am to 3:00 pm. Admission is free.

Last year's show saw over 900 attendees – and it's no wonder, with the one-of-a-kind wares from 35 makers, fantastic door prizes and a mouth-watering lunch from Angry Dragonz food truck to make the day a success. Find housewares, clothing, accessories, snacks, jewelry and more from exceptional local artisans. Thanks to community stalwart **Sezlik.com Realty** for their unwavering support! For more information:
www.facebook.com/somethingnewedinburgh
<https://instagram.com/somethingnewedinburgh/>
somethingnewedinburgh@gmail.com

St. Bart's Annual Bazaar and Tea Room

Saturday, November 2 | 1:00 to 4:00 pm
Church of St. Bartholomew, 125 MacKay Street

The Church of St. Bartholomew, 125 MacKay Street, will hold its Annual Bazaar and Tea Room on Saturday, November 2 from 1:00 to 4:00 pm. Please join us for this classic event to find antiques, gifts, books, jewellery, toys, games, baking, jams and jellies, attic treasures, Christmas decorations, crafts, knitting and more... then take a break in our elegant tea room! For further info, call **613 745-7834, x 115**. **Please Note:** the event will be open for persons with mobility issues and special needs at 12 noon. If you would like to attend at this special time, call **613 745-4677** to advise.

