**SUPPORT OUR LOCAL BUSINESSES. We want them around when this crisis is over!**

***Please email updates to communications@rockcliffepark.ca***  
  
[**Bibi's**](https://eatatbibis.com/) Middle Eastern Kitchen – takeout and delivery 613-421-0711, <https://eatatbibis.com>.

[**Beechwood Auto**](https://www.beechwoodautoservice.com/) – by appointment only, please call ahead 613-749-6773.

[**Books on Beechwood**](https://store.booksonbeechwood.ca/) – Place orders online, <https://store.booksonbeechwood.ca>, by e-mail ([staff@booksonbeechwood.ca](mailto:staff@booksonbeechwood.ca)) or phone 613-742-5030. You may arrange contact-free pick-up or delivery by Canada Post of Purolator. One can also purchase downloadable audiobooks through them via [https://libro.fm/?bookstore=beechwood](https://booksonbeechwood.us8.list-manage.com/track/click?u=0f9eb5e72bc8a56686d83ee8f&id=b73fd0a02e&e=996d7c637d).

[**Bread & Roses Bakery**](https://breadandrosesbakery.ca/) – 323 St Laurent Blvd, [613- 745-2087](https://www.google.com/search?q=bread+and+roses&rlz=1C1GCEA_enCA788CA788&oq=Bread+and+Roses&aqs=chrome.0.0j46j0l6.6045j0j7&sourceid=chrome&ie=UTF-8), hours vary.

[**Bridgehead**](https://www.bridgehead.ca/) – closed, but you can order their coffee online and they will deliver ground coffee beans to your door… free of charge! <https://www.bridgehead.ca>. You can also order free delivery of beverages, granola, cookies and beans from Bridgehead through Uber Eats or Door Dash.

[**Byward Fruit & Vegetable Market**](mailto:Byward%20Fruit%20&%20Vegetable%20Market) – Order by email [bfm1@on.aibn.com](mailto:bfm1@on.aibn.com) or call in your order at 613-241-6542 They will put it together and phone you back for your payment by phone. Curbside pick-up available or for a small fee you get your order delivered.**\***

[**Chilaquiles Mexican Cuisine**](https://www.skipthedishes.com/chilaquiles-mexican-cuisine) –49 Beechwood. Order take-out using [SkipTheDishes](https://www.skipthedishes.com/chilaquiles-mexican-cuisine) or [foodora](https://www.foodora.ca/restaurant/s8cu/chilaquiles?utm_source=google&utm_medium=organic&utm_campaign=google_place_order_action). Menu is on their [Facebook page](https://www.facebook.com/pg/chilaquilesottawa/menu/?p_ref=pa) and orders are accepted by phone 613-699-7100.

**Cochrane’s Dairy in Russell** – phone orders only 613-445-2959. Open for delivery with payment by cash, cheque, or e-transfer, [kevin.cochrane@hotmail.co](mailto:kevin.cochrane@hotmail.co)m. Delivery in our area is on Tuesdays.

**DRY CLEANERS:**

**Browns Cleaners** https://brownscleaners.ca, 613-913-7369 for free pick-up and delivery.

**Monson Deluxe Cleaners** <https://monsondeluxe.ca>, 613-749-5969 to ask about pick-up/delivery service.

[**Epicuria**](https://epicuria.ca/find-us/) – open for curbside pick-up and delivery. Please use [***the delivery form***](https://epicuria.ca/food-delivery-epicuria-fine-foods-catering) or call (613) 745-7356, ext 225 or ext 221.

[**Fettuccini’s**](http://www.fettuccines.com/) – same day orders available if placed before 9 am, otherwise 12 - 24 hour notice for fresh and frozen meals, 613-230-4723, [whycook@gmail.com](mailto:whycook@gmail.com).

**FLOWERS:**

[**Mille Fiori**](https://www.millefioreottawa.com/) – Beechwood [613- 747-0811](https://www.google.com/search?q=Mille+Fiori+FLowers%2C+Beechwood&rlz=1C1GCEA_enCA788CA788&oq=Mille+Fiori+FLowers%2C+Beechwood&aqs=chrome..69i57j0.5214j0j8&sourceid=chrome&ie=UTF-8); call for services and hours.

[**Mood Moss**](https://moodmossflowers.com/) – call 613-741-1774 to order and pay.

[**Fraser Café** –](https://frasercafe.ca/family-meal-take-away/) take out family dinners for four on Tuesdays, Fridays, and Sundays 613-749-1444.

**Host India** – on Montreal Rd. 613-746-4678, [www.hostindiarestaurant.com](http://www.hostindiarestaurant.com)

[**House of Cheese**](http://thehouseofcheese.ca/) – Byward Market, 613-242-4853.**\***

[**Idriss Mediterranean Resto**](https://idrissmediterranean.com/), Algerian cuisine – St Laurent Blvd, order 613-421-4008 or online.

[**Jacobson's**](https://jacobsons.ca/) – offer curbside pick-up and delivery, 613-746-6002.

[**Quickie Convenience**](http://quickiestores.com/en/store-locator/188086/)– Beechwood, open [613-744-7256](https://www.google.com/search?q=kWIKI+Convenience%2C+Beechwood&rlz=1C1GCEA_enCA788CA788&oq=kWIKI+Convenience%2C+Beechwood&aqs=chrome..69i57.12391j0j7&sourceid=chrome&ie=UTF-8).

**Lapointe Fish, Byward Market** – 613-789-6221, LapointeStore@gmail.com.**\***

[**Loblaws**](https://www.loblaws.ca/pcexpress) – offers on-line ordering with express pick-up, ideal for seniors or those in isolation. Go to <https://www.loblaws.ca/pcexpress> and sign in at the top of your screen with a PC ID (or create one). You then drive in to collect your bagged order for a small fee (from McArthur Ave location, 613 744-0705). Loblaws will also deliver your online order go to  <https://www.loblaws.ca/delivery> and sign up.

[**Marya’s Pizza**](https://restozone.ca/ottawa/maryapizza/) – 201 Marier Ave. Open for pick-up or delivery, 613-741-9991.

[**Metro Beechwood**](https://www.metro.ca/en/find-a-grocery/281) – Open 7 am until 8 pm.

[**Mia's Indian Cuisine**](https://eatatmias.ca/) – take out 613-797-3269.

[**Ministry of Coffee**](https://theministryofcoffee.com/) – order online at https://theministryofcoffee.com/new-products.  
  
[**Muckleston & Brockwell**](https://www.mucklestonandbrockwell.com/) – Mon closed, Tues-Thurs 11:30-6, Fri 11:30-7, Sat 11:30-6,

613-745-2244.  Provide curbside pick-up and local delivery.

[**Nature's Buzz**](http://www.naturesbuzz.ca/) – open Mon-Sat 9-6 and Sun 11-5.

**New Edinburgh Guardian Pharmacy** – call for new hours 613-749-4444 or delivery service. Online refill service available: https://www.guardian-ida-pharmacies.ca/en/ontario/ottawa/new-edinburgh-pharmacy-7025360

[**Ola Cocina**](http://www.olacocina.ca/) – take-out and delivery 613-746-6222.

[**Pelican Seafood Market & Grill**](https://www.pelicanseafood.ca/)– South Bank St. Curbside pick-up; order online or call 613-526-5229.

[**Pet Value Beechwood**](https://www.facebook.com/PetValuBeechwoodAv/) – only curbside pick-up is available, 613-842-8769.

[**Red Door**](https://www.reddoorprovisions.com/) – Beechwood location is closed, but pick-ups are available at their 2920 Sheffield Rd, Unite 3 kitchen, [613-695-6804](https://www.google.com/search?rlz=1C1GCEA_enCA788CA788&sxsrf=ALeKk01A_yPiniiHQ4SqzLyy4lkptFFNFw%3A1585268751165&ei=D0h9XufZCZmutQbf9oqQCQ&q=red+door%2C+beechwood&oq=Red+Door+&gs_lcp=CgZwc3ktYWIQARgAMgQIIxAnMgQIABBDMgQIABBDMgQIABBDMgUIABCRAjIHCAAQFBCHAjICCAAyAggAMgIIADICCAA6BAgAEEc6AggmOgYIABAKEEM6BQgAEIMBOgcIIxDqAhAnUKC-CVjb3glgzu0JaAFwAngAgAGEAYgB9RuSAQQ2LjI3mAEAoAEBqgEHZ3dzLXdperABCg&sclient=psy-ab).

[**Saslove’s Meat Market**](https://saslovesmeat.com/) – Byward Market, meat/produce delivery 613-241-9266.**\***

[**Scone Witch**](http://sconewitch.ca/) – open for pick-up only through the Cyrville Road location, call 613-744-2585 or email [cyrville@sconewitch.ca](mailto:cyrville@sconewitch.ca).

[**Second Cup**](https://secondcup.com/location/1-springfield-road) – open for take-out only 6 am – 7 pm; with limited numbers of customers allowed in at any one time 613-748-3017.

[**SushiME**](https://www.sushimeottawa.com/) – take-out only 613-741-4777.

[**Subway**](https://www.subway.com/en-CA) – take-out only until 6 pm, 613-742-2520.

[**The Works**](https://worksburger.com/) – St Laurent Blvd, take-out only via Skip the Dishes: <https://www.skipthedishes.com/the-works-manor-park>

**Working Title Kitchen & Café by All Saints** – on Laurier in Sandy Hill, offer take-away and free home delivery on orders over $30 for their new spring menu, open daily 5pm – 10pm. Order by phone

at 613.230.3336, or online https://workingtitleottawa.com/order-online/

***NOTES:*  
\*** One can order from [Saslove’s](https://saslovesmeat.com/) neighbours: [Byward Fruit Market](http://www.bywardfruit.com/index.htm) ,[House of Cheese](http://thehouseofcheese.ca/), and [Lapointe Fish](http://lapointefish.ca/), and they can ship your meat, produce, and cheese orders together.

## \*\* <https://responsiblechoice.ca/lovelocaldelivery/> Local eateries have teamed up with local designated driver service Responsible Choice to launch [“Love Local Delivery”](https://responsiblechoice.ca/lovelocaldelivery/) a food delivery service responding to the public “Stay at Home” Ottawa City Health guideline to contain COVID-19. Delivery cost is $5.00 per delivery. Check out the participating eateries: Ola Cocina, Das Lokal, Bibi’s, Fraser Café…!

*Updated 05 April 2020*